

THERE IS AN ANCIENT TRADITION OF MEDICINE THAT BELIEVES IN EMPOWERING INDIVIDUALS TO HEAL THEMSELVES. THIS TRADITION BELIEVES THAT EACH INDIVIDUAL HAS AN IDEAL STATE PARTICULAR TO THEM - AN IDEAL STATE THAT CAN BE DISCOVERED AND NURTURED BY SIMPLE LIFESTYLE PRACTICES. IT EMPHASISES NATURAL PATHS TO HEALING AND SELF-FULFILMENT.

THIS TRADITION HAS LARGELY BEEN HIDDEN BY MODERN BELIEFS IN REDUCTIONISM, GERM THEORY AND TECHNOLOGY ... UNTIL NOW.

THE IBN SINA INSTITUTE OF TIBB IS PROUD TO INTRODUCE YOU TO THE HEALING DYNAMICS OF UNANI TIBB, A TRADITION OF MEDICINE THAT BEGAN WITH IMHOTEP IN AFRICA, EMBRACED BY GREEKS LIKE HIPPOCRATES, AND REFINED OVER MANY CENTURIES BY ARAB PHYSICIANS LIKE IBN SINA.

WHILE MODERN MEDICINE HAS ITS ROOTS IN THESE TRADITIONS, IT HAS NEGLECTED THE HOLISTIC PHILOSOPHY OF ITS TEACHERS.

THIS COURSE ATTEMPTS TO REUNITE THE PRACTICES OF MODERN MEDICINE AND HOLISTIC MEDICINE THROUGH THE PHILOSOPHICAL INSIGHTS AND PRACTICAL TECHNIQUES OF TIBB.



TIBB

a science of medicine - the art of care

